



The San Diego

\$1.85 PLUS TAX

Union-Tribune

sandiegouniontribune.com

THURSDAY • SEPTEMBER 13, 2018

ACTRESS URGES AID FOR IMMIGRANTS NEEDING LEGAL HELP

Alyssa Milano announces SAFE Families Fund

BY KRISTINA DAVIS

Identifying only as Wendy B., the teenage girl described escaping a childhood of sexual and physical abuse at the hands of caretakers in her homeland of El Salvador, only to enter a complicated legal system in

the U.S. that she could not comprehend.

At first, she was like most in the U.S. immigration system: She could not afford legal representation, so she had none.

"I remember how scared I was when I first arrived in the United States. I remember not understanding anything," the girl said. "I remember being given documents and papers in English. People asked me to

SEE AID • A6

MIGRANT FAMILY ARRESTS INCREASED 38% IN AUGUST

Administration officials say situation at U.S.-Mexico border is 'crisis'

BY NICK MIROFF

WASHINGTON

The number of migrant family members arrested for illegally entering the United States shot up 38 percent in August, according to statistics released Wednesday, a surge homeland security officials characterized as a "crisis."

Border Patrol agents apprehended nearly 13,000

members of "family units" last month, the latest data shows, the highest August total ever recorded. The increase followed President Donald Trump's decision to back off the provision of his "zero tolerance" crackdown that separated children from parents in an attempt to deter illegal migration.

Migration numbers typically rebound in August after a summer lull. Overall,

DETENTION OF MIGRANT CHILDREN ON THE RISE

■ A5 • The number of children being detained by the government reaches 12,800.

the number of foreigners apprehended or deemed "inadmissible" at border crossings rose to 46,560 in August, up from 40,011 in July.

In the San Diego sector — which stretches the

length of California's southern border — 2,514 adult unauthorized immigrants were apprehended in August, as well as 704 parents and children who crossed as part of a family unit, and 291 unaccompanied minors.

Like other regions along the border, August's uptick in illegal crossings in California can be attributed to a rise in families coming to

SEE BORDER • A7



FDA MOVES TO CRACK DOWN ON MAKERS OF E-CIGS

Agency chief seeks to stem 'epidemic' of youth addiction

BY MELISSA HEALY

Responding to an "epidemic of nicotine addiction" among young Americans, the U.S. Food and Drug Administration on Wednesday announced a comprehensive crackdown on e-cigarette manufacturers, directing the



94TH AERO SQUADRON

8885 Balboa Ave., San Diego | 858-560-6771 | 94thsandiego.com

Early Brunch Special: 9am-10am | Regular Brunch: 10am-2:30pm

Early: \$27.95 | Adults: \$34.95 | Children ages 4-10: \$16.95

Join us Sunday for our Champagne Buffet Brunch. Buffet includes Omelette Bar and Eggs Benedict, Belgian Waffle Station, Carved Meats, Fajita Station, Pasta Station, Dessert Station, Chocolate Fountain and Much More.

BUFFET STYLE

COCINA DEL CHARRO

890 W. Valley Parkway, Escondido | 760-745-1382

1020 San Marcos Blvd, San Marcos | 760-471-6644 | Cocinadelcharro.com

Adults \$18.99 * \$3 more for bottomless champagne | Children \$9.99 10 and under

9am-2pm in Escondido; until 12 noon in San Marcos only

Come join us at Cocina Del Charro for Champagne Sunday brunch! A variety of Specials changing throughout the day, with items like fresh fruit, Aguas Frescas, pancakes, French toast, bacon, sausage, ham, papas con chorizo, chilequiles, paella, sopes, enchiladas, Chile Colorado, chicharon, Cochinita Pibil, sweet tamale, posole, menudo, omelet station, ceviche, ice cream station, and an amazing dessert bar.

BUFFET STYLE

OLD TOWN TEQUILA FACTORY & CANTINA

2467 Juan Street across from Old Town's Heritage Park | 619-260-8124

A spectacular scenic hillside spot for your Saturday or Sunday Champagne Brunch with panoramic views from the Coronado Islands, over Old Town to Mission Bay. This traditional Mexican Buffet served 9am to 2pm, features: Fajitas Sizzling Steak, Shrimp, Carnitas & Chicken and includes favorites like Fresh Menu and Pozole, Cheese Enchiladas, Homemade Chile Rellenos, Agave Glazed Ribs, Fresh Fruits, Salad, Omelette and Taco Stations, Bunuelos, Churros and flowing Champagne. At \$23.99 (\$10.99 kids under 12) it's perfect for Bridal/Baby Showers, Birthdays, Anniversaries, Holiday Parties and Reunions.

BUFFET STYLE

CHINA MAX

4698 Convo St., San Diego | 858-650-3333

Experience the true delight of an authentic Chinese Dim Sum Brunch, dozens of varieties (From \$2.45) and our famous Reg. menu Sat. & Sun. from 9am.

TABLE SERVICE

KAISERHOF RESTAURANT

2253 Sunset Cliffs Blvd., San Diego | 619-224-0606

Enjoy Sunday Brunch in our award winning and quaint German American restaurant. Served from 11:30am-3pm the brunch menu features dishes such as German Pancakes, Eggs Benedict, Kaiserschmarren, Steak & Eggs, Poached Salmon, an omelet and more. Includes a glass of champagne, mimosa or orange juice and fresh rolls & butter. From \$12.95.

TABLE SERVICE

OLD TOWN COSMOPOLITAN HOTEL & RESTAURANT

2660 Calhoun St., San Diego | 619-297-1874 | Oldtowncosmopolitan.com

Saturday and Sunday 10:00 a.m. - 3:00 p.m. | Entrees priced at \$7.95 - \$13.95

A blend of American and Mexican favorites served in our uniquely historic setting either on the patio or indoors. \$7 Mimosas and Champagne. Kids under 12 Eat Free - one per paid adult. Additional kids \$5.95

TABLE SERVICE

PARKHOUSE EATERY - UNIVERSITY HEIGHTS RESTAURANT TABLE SERVICE

4574 Park Blvd., San Diego | 619-297-7275

Cool, Hip, Funky, Cozy, Casual, Elegant. Just a few adjectives to describe both the ambiance and the grub at Parkhouse Eatery. This old home converted into a restaurant back in 1996 has created some of the original and now popular dishes that continue to make our Brunch super fun and one of the most popular in town. Our mimosa flights are some of the best in town with over 8 different flavors to choose from. Our pancakes are house made which is very rare. (No box mixes here) house made Breakfast Pizza, Churro Pancakes, Cowboy Benedict, Avocado toast (the original), Chilaquiles, Linguini and eggs and more. From eclectic grub, local suds and California wines, Parkhouse Eatery is one of kind.

Located in the outskirts of Hillcrest in University Heights, Parkhouse Eatery features our garden patio, our bright window-lit living room, or the cozy warm room with a wood-burning fireplace the locals call "the hearth room." We serve Brunch and Dinner seven days a week with happy hour Monday-Friday.

Prices may vary for holiday & special occasions. Note: Please call restaurant for children's prices.



EMSPANADA KITCHEN

Empanada Kitchen, which has eateries in La Jolla and downtown, has added dessert empanadas.

THE DISH

FROM PAGE 16

pickles and signature truffle fries on the side. Round out your meal with a craft cocktail or a pint from an extensive craft beer lineup. 1015 Orange Ave., Coronado. (619) 437-6087. leroykitchenandlounge.com

Draft Republic unites bacon and blue cheese to create its burger, made with a half-pound grass-fed beef patty, house-made maple bourbon bacon and blue cheese on a warm pretzel bun. Available at 4282 Esplanade Court, La Jolla and 5958 Avenida Encinas, Carlsbad. cohnrestaurants.com

Royale! Cocktails and Hamburgers will serve a meat-free version of its crowd-favorite burger called the Vegan Royale, made with a house-made black bean/quinoa patty, fried eggplant, sautéed mushrooms, pickled veggie slaw, spicy vegan mayo on a whole wheat bun. 4204 Voltaire St., San Diego. (619) 431-5653. royalesd.com

New menus

Beat the summer heat in September with milkshakes and adult-only slushies at these local eateries:

Mavericks Beach Club has added healthy alternatives to its menu. New items include shrimp ceviche, in a citrus marinade with pico de gallo, avocado, cucumber slices, served with a side of corn tortilla chips; the turkey burger, topped with pepper jack cheese, guacamole, lettuce, tomato, onion and a little bit of garlic aioli; Caesar salad, made with romaine hearts, creamy Caesar dressing, shaved Parmesan and croutons, with an option to add chicken, shrimp, mahi mahi or steak; buffalo fries, a bowl of shoestring-cut fries, buffalo chicken and chopped celery, all drizzled in ranch dressing; and three new wing flavors: tangy barbecue, mango habanero and garlic Parmesan. 860 Garnet Ave., Pacific Beach. (858) 999-0348. mavericksd.com

Herringbone La Jolla celebrates the end of summer with its Endless Rosé Brunch. Enjoy breakfast classics like

the soft-shell crab Benedict, three pigs hash with pork belly, bacon and prosciutto and the coconut chia seed pudding with local berries and honey. Lunch staples include the fresh oyster sampler and curried cauliflower and Israeli couscous. End your meal with a pecan sticky bun or hazelnut olive oil cake. And it's not brunch without booze, so try the Endless Rose (\$25), or a specialty Peter Rabbit Mimosa with bruised basil lemonade, or a Local Bloody Mary with a side of bacon. 10 a.m. to 2 p.m. Saturday and Sunday. 7837 Herschel Ave., La Jolla. (858) 459-0221. herringboneeats.com

Empanada Kitchen has introduced new menu options to its lineup. The dessert empanadas come in a variety of flavors, including apple pie, peach cobbler and braised banana with dulce de leche. The weekly rotating specials feature spicy Italian sausage with pesto; spinach and mozzarella; broccoli and bacon sautéed in garlic with mozzarella; shrimp and garlic; caramelized onion and mozzarella; and kale and butternut squash (vegan). Open 8 a.m. to 8 p.m. Monday through Friday; 10 a.m. to 6 p.m. Saturdays (starting Sept. 22); 9 a.m. to 1:30 p.m. at La Jolla Open Air Market, 7335 Girard Ave., La Jolla. The downtown shop is at 819 C St., San Diego. (619) 228-9419. empanada-kitchen.com

Openings

Carlsbad's much-anticipated **Windmill Food Hall** will open its doors in late September. Housed inside the landmark 1982 windmill building off Interstate 5, the food hall will feature a variety of handpicked vendors ranging from Korean-style fried chicken and gourmet street tacos to Belgium waffles and traditional Thai cuisine. There will be a full-service bar, ample outdoor seating and a concept called "The Library." A speakeasy bar will occupy the second floor and is scheduled to open at a later date. 890 Palomar Airport Road, Carlsbad. visitcarlsbad.com/carlsbad-windmill-food-hall

carolina.gusman
@sduniontribune.com